

**2022 American Board of Fluency and Fluency Disorders
Annual Stuttering Conference:
Stuttering Therapy Across the Lifespan
June 12 & 13 via Zoom**

Conference Description:

The treatment of children and adults who stutter is complex because of the multifactorial, chronic nature of this communication difference. Therapy must be dynamic, client-driven and involve critical thinking. This interactive conference will focus on therapy across the lifespan while exploring evidence-based practice that encompasses a holistic, individualized, inclusive approach to treatment.

This intermediate level course will provide participants with a broader understanding of how best to serve children and adults who stutter.

ASHA CEUs:



The American Board of Fluency and Fluency Disorders will submit your CEU hours to ASHA within 45 days of the conference. In order to be eligible for CEUs you must:

- Attend the live sessions as they are offered on June 12th and/or June 13th.
- Complete the overall event survey no later than June 18th, 2022, at 5:00 p.m. EST. This survey is where you will be given the opportunity to include your ASHA I.D. and indicate whether you wish to receive CE credit.
- It is the responsibility of attendees to log in to each session at the designated time. Attendees must be present for the entire session to be eligible to apply for ASHA CEUs, and should only claim credit commensurate with the extent of their participation in the sessions.

Registration fees:

\$100.00 for Professionals

\$50.00 for Parents and Other Attendees

Time Ordered Agenda

Sunday June 12, 2022

12:00 pm - 1:00 pm EDT – Helpful Approaches for Stuttering Therapy Across All Ages- Elyse Lambeth

1:00 pm - 2:00 pm EDT – Changing My Therapy Over Time-A 15-year Perspective- Carl Herder

2:00 pm - 3:00 pm EDT – Adult Panel- Reuben Schuff

3:00 pm - 3:30 pm EDT - Break

3:30 pm - 4:30 pm EDT – Supported and Supportive Speaking Engagements- Collaborating with college and university educators to produce benefits for students who stutter and graduate students in speech language pathology- Megann McGill and Glenn Weybright

4:30 pm - 5:30 pm EDT – Kid Panel- Glenn Weybright

Monday June 13, 2022

12:00 pm - 1:00 pm EDT – The Role of the SLP in working with Clients Who Stutter: What does it take?- Kristin Chmela

1:00 pm - 2:00 pm EDT – Helping Our Clients Become Savvy Consumers- Brooke Edwards

2:00 pm - 3:00 pm EDT – Ethics Panel- Risa Battino, Shelley Brundage, Farzan Irani, Lisa LaSalle, Rita Thurman

3:00 pm - 3:30 pm EDT – Break

3:30 pm - 4:30 pm EDT – Evaluation and Treatment of Preschool Children Who Stutter: Understanding Temperament and Integrating Self-Regulation- Rita Thurman

4:30 pm - 5:30 pm EDT – Preschool Parent Panel- Kim Sabourin

Helpful Approaches for Stuttering Therapy Across All Ages

This course will provide evidence-based approaches that can be modified to be useful for preschoolers, school-age clients, and adults.

Objectives:

- Describe using talking times to support communication across the lifespan.
- Utilize communication lanes model to help parents, kids, teens, and adults experience increased agency.

Elyse Lambeth, MS, CCC-SLP, BCS-F received her master's degree from University of Redlands. She is board certified in fluency disorders and currently serves on the board for ABFFD. Elyse works with kids who stutter at Seattle Children Hospital, co-facilitates the annual Seattle Stuttering Camp for Teens, and coordinates various workshops and stuttering events.

Disclosures:

Non-financial: Serves as Chair for the American Board of Fluency and Fluency Disorders.

Financial: None

Changing My Therapy Over Time-A 15-Year Perspective

This course will provide outline how the speaker's perspectives and approaches to working on stuttering have changed over time.

Objectives:

- Identify ways to help clients who stutter work towards communication that is more spontaneous.
- Assess a more operational definition of speech fluency that allows for stuttering moments.
- Describe some of the conflicting messages that can lead to cognitive dissonance in therapy.

Carl Herder, MA, CCC-SLP, BCS-F is the Clinic Director of the Atlanta office of the American Institute for Stuttering. He received his BCS-F in 2019, and currently serves on the American Board of Fluency and Fluency Disorders. Carl first developed an interest in stuttering while performing research under the direction of Dr. Chad Nye and Dr. Martine Vanryckeghem at the University of Central Florida.

Disclosures:

Non-financial: Serves as Certification Coordinator Co-Chair on the Executive Board for the American Board of Fluency and Fluency Disorders

Financial: None

Adult Panel

An interactive discussion with a panel of adults who stutter/stutterers. Reuben Schuff will be moderating.

Objectives:

- Identify communication goals which adults who stutter value that impact the quality of their lives.
- Compare and contrast the personal experiences of different adults who stutter.

Reuben Schuff, MSAAE, P.E. is an aerospace engineer in Cape Canaveral, FL in the space exploration industry. He is also an author, traveler, Toastmaster, and juggler. He is a person who stutters and contributes to the stuttering community in numerous ways including through the NSA, FRIENDS, and Stuttertalk. Reuben is the consumer representative on the ABFFD and on the board of the Stuttering Scholarship Alliance.

Disclosures:

Non-financial: Consumer representative for the American Board for Fluency and Fluency Disorders, volunteers with Friends – The National Association of Young People Who Stutter, and is a board member of the Stuttering Scholarship Alliance.

Financial: None

Supported and Supportive Speaking Engagements- Collaborating with college and university educators to produce benefits for students who stutter and graduate students in speech language pathology

This talk will introduce attendees to supported and supportive speaking engagements. Supported and supportive speaking engagements are designed to help the person who stutters and also those in the audience, ideally graduate or undergraduate students in speech-language pathology or

college students in a related area. Benefits of the supported and supportive speaking engagements to the presenters and the audience will be discussed.

Objectives:

- Describe steps involved in helping a child who stutters prepare to speak to a college class, then her own class, including developing a slide presentation about stuttering.
- Discover three benefits for the person who stutters from presenting their talk to a college class.
- Discover three benefits for the students from hearing the talk on stuttering and interacting with the speaker who stutters/stutterer.

Megann McGill, Ph.D., CCC-SLP, (she/her) is an Assistant Professor in the Department of Speech and Hearing Sciences at Portland State University where she runs a telepractice clinical research program working with clients who stutter/stutterers. She is a Spanish-English bilingual speech-language pathologist with 11 years of experience working with clients who stutter-stutterers and their families.

Disclosures:

Non-financial: None

Financial: Receives a salary from Portland State University.

Glenn Weybright, MS, CCC-SLP, BCS-F, is a speech-language pathologist in Portland Oregon and former adjunct assistant professor in the Department of Speech and Hearing Sciences, Portland State University. His bachelors and master's degrees are from Portland State University. He is a founding member of the Portland chapter of the National Stuttering Association and a senior staff member at Camp More, a summer camp on the Oregon coast for children and teens who stutter. Mr. Weybright is a person who stutters.

Disclosures:

Non-financial: Member of the Executive Board of the American Board of Fluency and Fluency Disorders.

Financial: None

Kid Panel

An interactive panel of kids who stutter/stutterers. Glenn Weybright will be moderating.

Objectives:

- Compare and contrast the personal experiences of different children who stutter.
- Identify communication goals which kids who stutter value that impact the quality of their lives.

Glenn Weybright, MS, CCC-SLP, BCS-F, is a speech-language pathologist in Portland Oregon and former adjunct assistant professor in the Department of Speech and Hearing Sciences, Portland State University. His bachelors and master's degrees are from Portland State University. He is a founding member of the Portland chapter of the National Stuttering Association and a senior staff member at Camp More, a summer camp on the Oregon coast for children and teens who stutter. Mr. Weybright is a person who stutters.

Disclosures:

Non-financial: Member of the Executive Board of the American Board of Fluency and Fluency

Disorders.
Financial: None

The Role of the SLP in working with Clients Who Stutter: What does it take?

This talk will outline factors that impact the role of SLPs working with client who stutter and describe strategies to improve clinical work with clients who stutter.

Objectives:

- Identify 3 key factors related to the role of the SLP in working with clients who stutter
- Determine personal areas of growth as a speech-language pathologist
- Implement strategies to improve clinical work with clients who stutter

Kristin Chmela M.A., CCC-SLP BCS-F and ISHA Fellow spends the majority of her time working with individuals of all ages who stutter, clutter, or have fluency disorders and is the founder and director of the Chmela Communication Center in the north suburban Chicago area. She is co-founder and co-director of Camp Shout Out, a therapeutic program for school-age children who stutter and a hands-on training opportunity for professionals and graduate students, and has recently launched Chmela Courses and Products. Kristin was former Chair of the American Board of Fluency and Fluency Disorders and collaborated extensively with the Stuttering Foundation on training videos, conferences, and publications. Kristin provides professional training workshops across the globe, has co-author of two books focused on helping school-age children who stutter, and has published practical therapeutic products. Kristin has completed 400 hours of training in yoga and two intensive training programs in mindfulness. Kristin believes in the value for all to continue evolving as communicators.

Disclosures:

Non-financial: None

Financial: Intellectual property Chmela Courses and Products Ownership Chmela Fluency Center (DBA Chmela Communication Center), Royalties from products produced by Super Duper, Inc.

Helping Our Clients Become Savvy Consumers

People who stutter are faced with a barrage of information and misinformation about stuttering and stuttering treatment. This talk will outline a practical approach to empowering our clients to navigate obstacles and become savvy consumers.

Objectives:

- Identify at least 3 common places that clients might receive information about stuttering and be faced with determining the accuracy of the information.
- Identify at least 3 common questions clients should know to ask when determining if the information is accurate or if a speech therapist/program is the right fit for them.
- Recognize at least 3 common "red flags" clients should know to look for when determining if information is accurate or if a speech therapist/program is the right fit for them.
- Problem-solve 3 common obstacles clinicians may face while helping clients become savvy consumers.

Brooke Leiman Edwards MA, CCC-SLP, BCS-F is a speech-language pathologist and board-certified stuttering specialist with over 13 years of experience directing a stuttering clinic and volunteering in the stuttering community. Brooke has provided workshops and support to parents and teachers as well as continuing education and mentorship to fellow speech-language pathologists who want to learn more about stuttering and stuttering therapy.

Disclosures:

Non-financial: Serves as Certification Coordinator Co-Chair on the Executive Board for the American Board of Fluency and Fluency Disorders.

Financial: None

Ethics Panel

An interactive panel of leaders in stuttering and related disorders discussing current ethical issues that face speech-language pathologist who work with people who stutter/stutterers. Risa Battino will moderate the discussion with panelists Dr. Shelley Brundage, Dr. Farzan Irani, Dr. Lisa LaSalle, and Rita Thurman.

Objectives:

- Identify situations that raise potential ethical concerns when working with people who stutter.
- Discuss strategies for ethical decision making.
- Identify and analyze ethical and unethical behavior in clinical situations.

Risa Battino, MS, CCC-SLP, BCS-F is a speech language pathologist at RFK-CERC at Montefiore Medical Center. She provides a broad spectrum of clinical services for children with developmental disabilities. She also works in private practice and serves as an adjunct lecturer at CUNY Hunter College. Risa obtained her BCS-F from ASHA in 2019.

Disclosures:

Non-financial: Serves as Social Media Director on the Executive Board for the American Board of Fluency and Fluency Disorders.

Financial: None

Shelley B. Brundage, Ph.D., CCC-SLP, BCS-F, F-ASHA is a professor at George Washington University and chair of the Speech, Language, and Hearing Sciences department. Her research aims to improve the lives of persons with communication disorders, either directly or by improving students' clinical learning and critical thinking skills. She is an expert in the use of virtual reality technologies in treatment, teaching, and learning. She has authored numerous research articles on aspects of stuttering, teaching, critical thinking, and writing. She is the co-author of the 7th edition of the *Handbook on Stuttering*.

Disclosures:

Non-financial: None

Financial: None

Farzan Irani Ph.D., CCC-SLP is a Professor in Communication Disorders at Texas State University. He has published and presented on treatment effectiveness in stuttering, telepractice, and psychosocial and multicultural aspects of stuttering and other communication disorders. He serves as the coordinator for the American Speech-Language-Hearing association's Special Interest Group

4, Fluency and Fluency Disorders, on the Editorial Board for the American Journal of Speech Language pathology and as an Associate Editor for the Journal of Fluency Disorders.

Disclosures:

Non-Financial: Coordinator of ASHA's SIG 4, Fluency and Fluency Disorders.

Financial: Salaried professor at Texas State University.

Lisa LaSalle, Ph.D., CCC-SLP is an ASHA-certified speech-language pathologist with specialty training in stuttering and fluency disorders. Dr. LaSalle has taught in graduate programs in Communication Sciences and Disorders for twenty years. Her research interests have focused on young children who stutter, concomitant disorders associated with stuttering and a fluency disorder known as cluttering. Dr. LaSalle is currently mentoring University of Redlands Communicative Disorders students on a research project aimed at dissociations between language, phonology, and fluency among normally fluent two-to-four-year-olds.

Disclosures:

Non-financial: None

Financial: None

Rita Thurman, MS, CCC-SLP, BCS-F received her MS degree Utah State University. She has been in private practice in Raleigh, NC since 1985. Her practice focuses on the evaluation and treatment of children, teens and adults who stutter. She is a Board-Certified Specialist in Fluency Disorders and serves as Vice Chair on the Executive Board of the American Board of Fluency and Fluency Disorders. Ms. Thurman was awarded the NC Clinical Achievement Award in 2012, the NSA SLP of the year in 2015 and the NSA Chapter of the year in 2021. Ms. Thurman has presented widely including at numerous conferences. She has contributed a chapter in the book: *Stuttering—Inspirational Stories, Professional Wisdom*. She is a National Stuttering Association Adult and TWST (Teens Who STutter) Chapters leader and sponsors an annual Friend's Workshop in North Carolina.

Disclosures:

Non-financial: Currently serves as Vice Chair on the Executive Board for the American Board of Fluency and Fluency Disorders. She is a National Stuttering Association Teen and Adult Chapters Leader.

Financial: None

Evaluation and Treatment of Preschool Children Who Stutter: Understanding Temperament and Integrating Self-Regulation

This talk will cover the importance of factoring temperament and self-regulation into evaluations for preschoolers who stutter and how to address these areas in therapy.

Objectives:

- Develop treatment goals for preschool children who stutter that are individualized, realistic, measurable and take into account temperament and self-regulation.
- Integrate self-regulation activities into a multifactorial therapy approach with children who stutter to improve clinical outcomes.

Rita Thurman, MS, CCC-SLP, BCS-F received her MS degree Utah State University. She has been in private practice in Raleigh, NC since 1985. Her practice focuses on the evaluation and treatment of children, teens and adults who stutter. She is a Board-Certified Specialist in Fluency Disorders and

serves as Vice Chair on the Executive Board of the American Board of Fluency and Fluency Disorders. Ms. Thurman was awarded the NC Clinical Achievement Award in 2012, the NSA SLP of the year in 2015 and the NSA Chapter of the year in 2021. Ms. Thurman has presented widely including at numerous conferences. She has contributed a chapter in the book: *Stuttering– Inspirational Stories, Professional Wisdom*. She is a National Stuttering Association Adult and TWST (Teens Who STutter) Chapters leader and sponsors an annual Friend’s Workshop in North Carolina.

Disclosures:

Non-financial: Currently serves as Vice Chair on the Executive Board for the American Board of Fluency and Fluency Disorders. She is a National Stuttering Association Teen and Adult Chapters Leader.

Financial: None

Preschool Parent Panel

An interactive panel of parents whose young kids stutter. Kim Sabourin will be moderating.

Objectives:

- Address concerns of parents who suspect that their preschooler may be stuttering.
- Identify the risk factors that may contribute to the persistence of stuttering in preschoolers.
- Develop strategies to support parents of preschoolers who may be at risk for persistent stuttering.

Kim Sabourin, MA, CCC-SLP, BCS-F serves on the board for ABFFD and is a Board-Certified Specialist in Fluency Disorders specializing in the diagnosis and treatment of stuttering and other fluency disorders across the lifespan. Ms. Sabourin is a Clinical Instructor at Temple University where she teaches a graduate course in the management of fluency disorders and is the Director of Speak Now Camp, a summer program for adolescents who stutter.

Disclosures:

Non-financial: Member of the Executive Board of the American Board of Fluency and Fluency Disorders.

Financial: None